Better groundnut through good agricultural practices

For farmers in Zimbabwe
Groundnut is a legume with grains that are very nutritious and contain much protein (23-25%) and oil (45-52%). The grains can be used directly for food, or processed for cooking oil and a range of other products. Groundnut grain has a good market demand. The crop residues are also rich in protein and are good feed for livestock or form a good basis for compost manure.

Together with bacteria from the soil, groundnut forms root nodules. The bacteria are called rhizobia and can fix nitrogen from the air into a form that groundnut can use for growth. This explains why groundnut can grow and yield very well in soils poor in nitrogen. Part of the fixed nitrogen is used to make protein in the grain, but some of the nitrogen is also left behind in the field and improves soil fertility. This makes groundnut a good crop to grow as intercrop or in rotation with other crops, because these other crops then also benefit from the nitrogen. With good practices and the right varieties, grain yields can be as high as 4000 kg/ha.
All soils, other than very heavy soils, are suitable for groundnut production. Groundnut grows best in sandy loam soil. Groundnut does not grow well and is difficult to harvest on very clayey soils.

The pH of the soils should be between 5.3 and 7.3. If soil is acidic, you can incorporate lime into the soil during land preparation to increase the pH.

Think about the rotation scheme for the field you want to plant. After growing groundnuts, grow other crops for at least 2 seasons before growing groundnut again on the same field to reduce the chance of diseases, pests and weed problems. Avoid growing other legumes, tobacco and tomatoes in rotation with groundnut, because this may cause build-up of nematodes.

Well-prepared land ensures good germination and reduces weed infestation. Prepare the field manually with a hoe, or use animal power or a tractor. In wet, low lying areas, groundnut can be planted on ridges to prevent waterlogging. Waterlogging damages the groundnut plants.
Step 2: Variety and seed selection

Select a good groundnut variety which suits your agro-ecological zone. Good regions for growing groundnut in Zimbabwe are Natural Region II, III and IV. When selecting your variety, also pay attention to the maturity period, growth habits and size and oil content of the seed. Also keep in mind that groundnut buyers may have a preference for a certain variety.

<table>
<thead>
<tr>
<th>Variety</th>
<th>Grain characteristics</th>
<th>Attainable grain yield (kg/ha)</th>
<th>Maturity period (days)</th>
<th>Growth habits</th>
<th>Pest/disease resistance</th>
<th>Seed rate (kg/ha)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Natal Comon</td>
<td>Cream, small sized</td>
<td>4000</td>
<td>120</td>
<td>Bunch</td>
<td>Poor resistance</td>
<td>80-100</td>
</tr>
<tr>
<td>Nyanda</td>
<td>Cream, large sized</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ilanka</td>
<td></td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
</tbody>
</table>

Use only high quality seed for planting. Do not plant damaged, small or shrivelled seeds.

- Shell pods 1-2 weeks before sowing.
- To control seedling blights caused by soil bacteria and fungi, you can treat the seeds with fungicide. *Thiram* can be applied as a dust at 120 g Thiram/100 kg seed and mixed uniformly.
- Do a germination test at least 10 days before planting. Plant 50 seeds. If at least 40 emerge, the seed is good for planting. If 30-40 emerge, plant more seeds than recommended. Get new seeds if less than 30 seeds emerge.
Step 3: Applying fertilizer

Groundnut can fix nitrogen from the air, and therefore does not need to be fertilized with nitrogen fertilizers such as ammonium nitrate or urea. Groundnut needs other nutrients such as phosphorus and calcium.

- Good types of phosphorus fertilizer are SSP and Compound L. Compound L has high P content in relation to N.
- Place fertilizer in the furrow made for planting or in the planting hole, cover with 2-5 cm soil and place seed on top.
- In sandy soils, groundnut often fails to fill its pods, and will make ‘pops’ (empty pods). Calcium will ensure good pod filling and the chance of ‘pops’ will be smaller. Gypsum is a good source of calcium. Apply gypsum to the soil just before flowering. Use a rate of 200-400 kg gypsum/ha. Do not incorporate the gypsum to avoid damaging developing pods!
- Use the fertilizer rates given in the table below. You can use a teaspoon or soda bottle-cap to measure the amount of fertilizer and apply it along the furrows or rows of planting holes according to the distances in the table below.
- When manure has been applied recently, rates can be reduced.

<table>
<thead>
<tr>
<th>Fertilizer type</th>
<th>Rate (kg/ha)</th>
<th>Row spacing: 50 cm</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>In the furrow, spread 1</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Teaspoon</td>
<td>Soda bottle-cap</td>
</tr>
<tr>
<td>SSP</td>
<td>225</td>
<td>Every 40 cm</td>
</tr>
<tr>
<td>Compound L</td>
<td>150</td>
<td>Every 65 cm</td>
</tr>
</tbody>
</table>
Step 4: Planting

- Plant when the soil is moist.
- Plant in rows which are 40-50 cm apart. Within rows, plant seeds at 10 cm apart (1 seed per stand). Planting in rows has many advantages: you use the correct plant density, weeding is easier and pods will mature more uniformly, which makes it easier to decide when to harvest.
- If you apply fertilizer, first place the fertilizer in the planting furrow or hole and cover with soil. Then plant the seed.
- Plant seeds at a depth of 5 cm.
- Fill plant gaps one to two weeks after sowing when plants have emerged.
Step 5: Field management

Weeds
Control weeds to minimize competition for nutrients, water sunlight and space. Weed control can be manual or chemical, or both.

Manual weed control:
Weed 2 or 3 times. The first two weedings should be before flowering. Earth up (banking) can be done at the second weeding. Once flowering and pegging begins, it is advisable to weed by hand pulling instead of using a hoe. Hoe weeding might damage developing pods.

Chemical weed control:
Herbicides, if used properly, are safe and effective in controlling weeds. There are different types of herbicides. Which type to use depends on the predominant weed species and the availability of the herbicide. Herbicides are available for pre-emergence or post-emergence weed control. If pre-emergence herbicide is applied at planting, one weeding may be required at 5-6 weeks after planting. Use herbicides as presented in the table below or seek advice from an extension agent or agrodealer.

<table>
<thead>
<tr>
<th>Product name</th>
<th>Active ingredient</th>
<th>Use rate/ha</th>
<th>Amount for one sprayer load (20 l knapsack)</th>
<th>For which type of weeds</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dual Magnum</td>
<td>Metalochlor</td>
<td>1.1 l</td>
<td>82 ml</td>
<td>Broad-leaved weeds and some grasses</td>
</tr>
<tr>
<td>Sencor 480 SC</td>
<td>Metribuzin (triazine)</td>
<td>1.1 l</td>
<td>75 ml</td>
<td></td>
</tr>
<tr>
<td>Lasso 48 EC</td>
<td>Alachlor</td>
<td>2.5 l</td>
<td>75 ml</td>
<td></td>
</tr>
<tr>
<td>Fusilade Super</td>
<td>Fluaziflop-p-butyl</td>
<td>1.5 l</td>
<td>75 ml</td>
<td>Grasses and volunteer wheat</td>
</tr>
<tr>
<td>Classic</td>
<td>Chlorimuron ethyl</td>
<td>45 g</td>
<td>5 g</td>
<td>Nutsedge and broad-leaved weeds</td>
</tr>
</tbody>
</table>

* Dual Magnum, Sencor 480 SC and Lasso 48 EC are pre-emergence pesticides while Fusilade Super and Classic are post-emergence pesticides
Pests and diseases

**Pests**

*Aphids* transmit the rosette virus and damage groundnut plants by feeding on it. You can spray with insecticides to control aphids.

*Groundnut leaf miner* is the larvae of a small moth which burrows and mines into the leaves of the plant. When the larvae come out of their mines, they pull the leaves together with threads. In severe cases it looks like the crop has been burnt and major crop losses can occur. As soon as mines are observed, spray with same insecticides as for aphids.

*Groundnut hopper (Hilda patreulis)* is a 5 mm long brown or green hopper with white marks and strips on the wings. Groundnut hoppers attack the plants at the base of the stem, usually below ground level. Their toxic saliva causes plants to wither, turn yellow and die. The first sign of infestation is the presence of black ants, which feed on the honeydew excreted by the hoppers.

*Termites* can cause groundnut plants to wither and die. To control termites, remove residues of previous cereal crops and destruct termite mounds and remove queen termites, or grow groundnut in fields which have no previous history of termites.
*Birds, rats and squirrels* feed on improperly buried seeds or can easily dig up seeds. Scare birds away and fence the field to control rodents.

<table>
<thead>
<tr>
<th>Product name</th>
<th>Active ingredient</th>
<th>Use rate (per ha)</th>
<th>Amount for one sprayer load of 20 l</th>
<th>For which pest</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carbaryl</td>
<td>Carbaryl</td>
<td>1 kg</td>
<td>50-75 g</td>
<td>Cutworms, leaf hoppers</td>
</tr>
<tr>
<td>Dimethoate 40EC</td>
<td>Dimethoate</td>
<td>1 litre</td>
<td>50-75 ml</td>
<td>Aphids</td>
</tr>
<tr>
<td>Karate</td>
<td>Lambda-cyathrin</td>
<td>0.14 litre</td>
<td>5-8 ml</td>
<td>Bollworms, cutworms</td>
</tr>
</tbody>
</table>

*If unsure about how to manage pests, seek advice from an extension worker or agrodealer.*
Diseases

Groundnut rosette is caused by viruses, which are transmitted by aphids. Infected plants can show 2 types of symptoms: ‘chlorotic’ (yellow and stunted) and ‘green’ (green and stunted). Late planted crops and wide spacing can increase the incidence of rosette disease. Rosette disease can be controlled by planting a resistant variety or by spraying insecticides to control the aphids that spread the disease. Remove infected plants and bury.

Leaf spot is a fungal disease. Early leaf spot can occur two weeks after crop emergence. Symptoms include roughly circular lesions with yellow (chlorotic) halos surrounding the darker lesions and a lighter shade of brown on the lower surface of the leaves. Late leaf spot occurs late in the season and shows almost round lesions which are darker in colour than those of early leaf spot. Early leaf spot often reduces yield more than late leaf spot. Leaf spot pathogens survive mainly in crop debris. Crop rotation, burying crop debris during land preparation and early planting help reduce the incidence of this disease. Remove infected plants and bury.

Grey mould is a fungal disease. The infection occurs at ground level by a light grey fungal rot. Leaves, stem and underground parts of the groundnut become affected and plants may die. The disease is favoured by cool temperatures and wet conditions.
**Aflatoxin**

Aflatoxin is a toxic substance causing sickness, hepatitis and/or liver cancer. Aflatoxin is produced by fungi which can grow on groundnut. Aflatoxin contamination can take place before and after harvest. To control aflatoxin, it is very important to ensure good management of groundnut crops before and after harvest. When the crop is in the field, pods should not be damaged, as this increases the chance that the aflatoxin producing fungi will come in. Other measures to prevent aflatoxin contamination are given below under harvest and storage. If groundnuts are to be sold for export, aflatoxin levels must be very low.

**Safe use of chemicals**

- Use only herbicides, pesticides and fungicides that are recommended to groundnut to avoid damage to the plant.
- Chemicals can be toxic, so always follow instructions on the product package or from the agro-dealer for safe use. Also follow the instructions about the time needed between spraying and safe consumption of fresh pods.
- Do not store chemicals in the same place as food.
- Do not eat from the same spoon you used to measure chemicals.
Step 7: Harvesting

Harvest at the right time. Harvesting too early causes yield losses and harvesting too late encourages aflatoxin contamination. Groundnut is mature when the inside of the pods darken in colour. Select about five plants from different parts of the field, dig up the plants, remove all pods and count, then open the pods. If three quarters of the pods open easily and have dark markings on the inside, you should start harvesting.

1. Preferably, harvest during a dry period. If the soil is too moist, part of the pods might remain in the soil.
2. Dig up the plants, either remove the pods immediately or dry the plants in the sun for up to 2 weeks, then pull off the pods. To prevent aflatoxin contamination, remove the soil from the pods before leaving to dry.
3. Grade the pods. To prevent aflatoxin contamination, remove shrivelled, diseased, broken and immature pods.
4. Dry the pods in the sun on a clean surface.
5. Do not shell groundnuts if you want to store them.
6. Place groundnuts in clean bags; if re-using bags in which grain was previously stored, the bags must first be washed and then disinfected by boiling them in water for 5 minutes. If the bag is polyethylene, make sure it doesn’t touch the outside of the pot or it will melt. Completely dry the container/bag.
7. Clean the storage room; remove all old grains and insects. Do not store grain which is to be eaten in the same place as pesticides or other dangerous chemicals.
8. Stack the bags with pods on a raised platform or wooden pallet away from the wall.
Avoid direct contact of storage bags with the ground.

9. To prevent aflatoxin contamination, inspect and remove infested or rotting grains on a regular basis. Also control insects and animals that can damage the pods.
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